#### Club Meeting

Fox Chapel Area Meets at Lauri Ann West Community Center 1220 Powers Run Rd Pittsburgh, PA 15238 Time: Wednesday at 11:45 AM

#### Birthdays

William D Dawson March 3rd David R Vilsack March 3rd Bob D. Allen March 4th Ron P. Frank March 11th Jack D. Adelson March 14th John M McCaslin March 24th Carol A Wood March 24th

# O'Hara Resident Discusses How to Cope with Grief



Our speaker this week will be O'Hara Township resident **Dr. Sheila K. Collins**, who is no stranger to grief and has written about how to cope.

She says that after the loss of two of her adult children she felt disconnected from the support she needed, living in a society that makes us feel we can't speak openly or honestly about significant losses. Her response, from the perspective of a dancer, social worker, and writer, resulted in her recent book *The Art of Grieving; How Art and Art-Making Help Us Grieve and Live Our Best Lives*.

Sheila will challenge conventional attitudes and advocate for how grieving itself can become an art – one that we and our organizations can get good at, for the benefit of ourselves and the culture we live in.

Her book has won praise from best-selling author Daniel H. Pink, who wrote: "Collins has given us a wise, well-researched guide to grieving's winding path, revealing how communal artmaking provides catharsis and connection when loss inevitably strikes. This book is a gift."

We meet at the **Lauri Ann West Community Center** located at 1220 Powers Run Road in O'Hara Township starting at 11:45 AM.

If you haven't already signed up to attend the meeting and are planning on attending, please email Bill Gordon at <a href="mailto:bagordon2@comcast.net">bagordon2@comcast.net</a> no later than 5 p.m. Monday so we can give the caterer the number of lunches she needs to provide. If you have special dietary needs – gluten-free, vegan, etc. – please let Bill know when you register.

Link to attend via Zoom: https://us02web.zoom.us/j/82862414969? pwd=a4fa39amoELZwEScf54dGUfHah8Sim.1

Link to Website: <a href="https://foxchapelrotary.com/">https://foxchapelrotary.com/</a>

# The Mooneys Distribute Food to Needy in Sharpsburg

The Herald By <u>Joyce Hanz</u> | Monday, Feb. 17, 2025 10:01 a.m.

A retired couple from Fox Chapel is committed to providing food assistance to residents living in Sharpsburg who often face food challenges living in a food desert, which the U.S. Department of Agriculture defines as a low-income geographic area with a large share of residents who don't have access to a large grocery store or supermarket.

The closest grocery store is a Giant Eagle Market District about 2 miles away in Waterworks Plaza.

Peggy and Bill Mooney drive every Sunday morning from Fox Chapel to <u>Second Harvest Community Thrift Store</u> in Sharpsburg, and then to Trader Joe's in East Liberty.



At Trader Joe's, they load up boxes and boxes of donated food and pharmacy items and return to Second Harvest for same-day distribution to anyone who shows up.

Bill, 73, is the van driver and heavy lifter.

The couple have handled delivery duties for Second Harvest since 2023.

Second Harvest operates a 24/7 <u>Community Free Fridge</u> outreach complete with an outdoor full-size refrigerator, freezer and pantry area, stocked with perishable and nonperishable donated food items available to those who need them.

"The food gets taken so quickly," Peggy noted. "Some residents tell me they can have a healthy diet. They come up to us and tell me they wouldn't be alive without the food provided here. Trader Joe's donates a lot of healthy foods."

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# Allies Winning WWII but 4 Future Rotarians in Jeopardy

By Thomas P. Benic



This being the 80<sup>th</sup> anniversary of the final months of World War II, with nearly all of our founding Fox Chapel Area Rotary Club members in 1970 involved in the conflict, we present this week-by-week history of that conflict. Some 405,000 Americans, nearly all servicemen, died in World War II in which 65 MILLION men, women and children were killed worldwide. (That is Ted Massalski on the left and Tom Cosgrove on the right in this 2019 photo)

Feb. 26, 1945 – Although the defeat of both Germany and Japan now appears imminent, at least four future members of Fox Chapel Area Rotary are quite literally fighting for their lives in Europe.

- John Church, who would become our first president in 1970, is recovering from serious wounds and frostbite suffered in the opening days of the Dec. 16 – Jan. 25 Battle of the Bulge in Belgium.
- Ted Massalski, whose 1,200-mile escape from occupied Poland at age 17 in 1943 on a German train carrying wounded soldiers from the Eastern Front would make an exciting Hollywood movie, is now with a Polish brigade fighting with the British army in northern Italy against a sizable Nazi force that refuses to withdraw.
- Ed Powell, who became our Club President in 1990, has been a POW of the Germans since parachuting into Holland in May of 1944 when his B-17 had to crash-land after a bombing run over Berlin a month before the D-Day invasion.
- Tom Cosgrove is a POW of the Germans after being captured in Belgium in the opening days of the Battle of the Bulge.

Most major cities in both Germany and Japan have been leveled by Allied bombers that keep coming, wave after wave, day and night, sometimes as many as 1,000 bombers at a time.

The Russian Red Army is only 37 miles east of the Nazi Capital of Berlin, trapping Hitler in his command bunker, 60 feet underground.

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### Club Leaders



Lanny Seed President



<u>Daniel Stern</u> President-Elect Secretary



<u>Brian H Baxter</u> Assistant Treasurer



<u>David A Longhini</u> Secretary



Frank N Domeisen Treasurer



George E. Dull Sergeant-at-Arms



A. Barry Leonard Membership Chair



Donald H Shaw Club Programs Chair



<u>Lyndall Huggler</u> Director-at-Large



H. James Michaels Board Member Golf Outing Chair



Susan A Stuart Director-at-Large



<u>James Uber</u> Director-at-Large



Richard O Wolf Grant Coordinator



Bob Trimble iPast President

Committee List 2025-26